

PROGRAM OVERVIEW

The Frederick County Volunteer Fire and Rescue Service Completer Program is a two-year opportunity available to high school juniors and seniors, offered by the Frederick County Division of Volunteer Fire and Rescue Services.

- **First-Year Program:** Classes are held Monday through Friday from 12:00 PM to 3:00 PM at the Public Safety Training Facility. Fridays are designated for station skill sessions.
- **Second-Year Program:** Students are assigned to a field station during the same time frame, with station skill sessions at the Public Safety Training Facility on Fridays. During station time, interns work with station personnel to enhance first-year skills, complete the six-session internship manual, and respond to both emergency and non-emergency incidents.

Both programs follow the Frederick County Public Schools calendar, accommodating holidays and school closings. Participation requires approval from the student's high school Work-Based Learning Coordinator and the Division of Volunteer Services Deputy Chief.



REQUIREMENTS

- Be a High School Junior or Senior
- Be 16 years of age or older
- Be accepted as a member of a Fire and Rescue Volunteer Company
- Pass a Frederick County Fire physical
- Receive approval from your Chief
- Provide your own transportation to your assignment
- Receive approval from your high school Work Based Learning Coordinator

TO ENROLL, SCAN THE QR CODE BELOW:



VOLUNTEER FIRE AND RESCUE SERVICES

High School Work-Based
Learning Completer Program

Frederick County Division of
Volunteer Fire and Rescue
Services

5370 Public Safety Place
Frederick, MD 21701

VFRSIntern@FrederickCountyMD.gov



CLASSES OFFERED

Protective Envelope and SCBA

Topics include the proper use and maintenance of personal protective equipment (PPE), respiratory protection systems, and self-contained breathing apparatus (SCBA).

Hazardous Materials Operations/WMD

Topics include safety protocols, regulatory standards, the use of the Emergency Response Guidebook (ERG), site management, container behavior analysis, proper use of protective equipment, and decontamination procedures.

Firefighter 1

Topics include fire department organization, communications, the incident command system, ropes and knots, fire safety and behavior, fire prevention, respiratory protection, ventilation, hose line operations, forcible entry, search and rescue techniques, ladder use, and sprinkler systems.

Firefighter 2

Topics include building construction, fire prevention strategies, inspection pre-planning, ladder operations, water distribution systems, and advanced rescue techniques.

Firefighter Survival & Rescue

This course focuses on essential skills for firefighter safety and survival, including rapid intervention teams, 2-in/2-out procedures, self-rescue techniques, drags and carries, ladder usage, wall breaches, disentanglement, and large-area search strategies. It emphasizes the survival mindset and operational safety.

Emergency Medical Responder

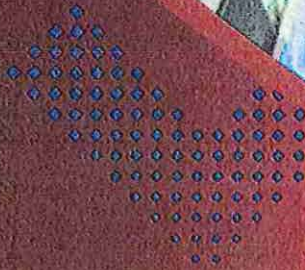
Topics include legal considerations, infection control protocols, patient assessment techniques, CPR and AED application, oxygen delivery methods, injury and spinal management, pediatric and obstetric emergency care, triage procedures, mass casualty incident management, ambulance operations, and an overview of the EMS system.

For additional class information visit our website: www.MFR1.org

WHO WE ARE!

- We serve as the community's first line of defense, standing ready to respond to any emergency.
- Our team operates as a cohesive unit, embodying the spirit of family and collaboration.
- We manage a wide range of scenarios, requiring adaptability and composure under pressure.
- Our work demands quick decision-making and exceptional problem-solving skills in dynamic environments.
- We provide critical services, often in challenging, uncomfortable, or hazardous conditions.
- Regardless of weather—rain or shine, heat or cold—we remain steadfast in our commitment.
- Our dedication knows no boundaries; we operate continuously, 24/7, without pause.

GEAR UP!



FCPS



GEAR UP!
Join the Excitement!

Become a Volunteer Firefighter at FCPS Today!